# **'UU News and Views"**

The Rev. Walter LeFlore, Minister

Volume 63

Number 9

Founded 1952 May 2016

The Unitarian Universalist Fellowship of Poughkeepsie is a community that values diversity, peace, democracy and the interdependent web of all existence. The Fellowship nurtures and challenges its members in their religious journeys, and advocates for social justice in the larger community. We are engaged in worship, study, public service, fellowship and social action. We invite your attendance and participation.

# **Upcoming Services**

May 1<sup>st</sup>: "A Dance We Do"

**Rev. Walter LeFlore** 

May 8<sup>th</sup>: "Make A Joyful Noise" Mother's Day Program

**Mary Ann Osgood** 

May 15<sup>th</sup>: "Universalism: A Theme For Our Times"

**Rev. Walter LeFlore** 

May 22<sup>nd</sup>: "The Transformative Power of Compassion"

Lifespan Faith Development Committee and

**Rev. Walter Flore** 

May 29<sup>th</sup>: "Worthy of Their Memory: The Memorial Day Service"

**The Program Committee** 

Our Nursery is available during all regular services. Please feel free to bring your young one there.

Information is available from the Greeter at the Welcome Desk in the lobby and the Usher at the door of the main meeting room.



"UU News and Views" is published monthly (except July and August) by the Unitarian Universalist Fellowship of Poughkeepsie, and is distributed to our members and friends without charge.

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The Unitarian Universalist Fellowship of Poughkeepsie is a member of the Society of the Unitarian Universalist Association, 24 Farnsworth Street, Boston, MA 02210-1409.www.uua.org

We are one of 51 Societies in the Unitarian Universalist District of Metropolitan New York
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## \*\*May's Calendar of Events\*\*

- 5/1 Choir Rehearsal (weekly) 9am SGM CC Ellen/Pat 7pm
- 5/2 Yoga (free class) 6pm
  Speaking of Books 7pm
  B&G Committee Meeting 7pm
- 5/3 Silent Meditation (weekly) 7:30am
- 5/4 Social Justice Meeting 7pm
- 5/5 Stewardship Committee Meeting 7pm
  Program Committee Meeting 7pm
- 5/6 Mother's Tea Set up 2pm
- 5/7 Mother's Tea 12pm
- 5/8 SGM Facilitators Meeting 12:15pm Seniors Group 12:30pm (2<sup>nd</sup> & 4<sup>th</sup> Weeks)
- 5/9 Beading Together 5:30pm
- 5/10 Coming Home Meeting 6pm SGM/CC (Wayne & Paul) 7:15pm
- 5/12 Bridge Club (2<sup>nd</sup> & 4<sup>th</sup> Weeks) 7pm
- 5/13 Uniteen Sleepover 5pm Soulful Sundown Service 7:30pm
- 5/14 B&G Workday 9am SoulCollage 12:30pm
- 5/15 New People Lunch 12:15pm Third Sunday Lunch 12pm Reiki Circle 1pm
- 5/18 Lunch with Walter 12pm

  Membership Committee 6pm
- 5/19 Gillespie Forum 5pm
  Finance Committee Meeting 6pm
  Board of Trustees Meeting 7pm
- 5/21 Herbs for Health and Healing 9am
- 5/22 Town Hall Meeting 1pm
- 5/24 SGM/CC (Wayne & Paul) 7:30pm
- 5/26 LFD/RE Meeting 6:30pm

  Meals for the Homeless Shelter 4:30pm
- 5/27 Soulful Sundown Service 7:30

## From the Minister

## May 2016

Intimacy is the theme for the month of May. Next to empathy, intimacy may best reflect our annual theme Compassion. Social scientists tell us intimacy is essential for human life. It's the glue that holds pairs, families, tribes, prides and herds together. I suspect our ability to be "intimate" with ourselves impacts our own quality of life.

Yet, intimacy can cause fear and stress, for it requires us to let our guard down. It requires we let others see the "me" behind our public face and the public image we often work hard to maintain. We all know, some people are better than others at being intimate. Is it personality or skill competence at play?

Many have written about intimacy as a dance. I too see it as a dance; me and me, you and you; me and you, you and me. It's a dance that requires empathy, openness to learn, to explore. Intimacy is really a two step dance. Giving and receiving is required.

Rev. Walter

### **TOWN HALL MEETING**

**Save the date**: **May 22** following the service we'll hold our annual Town Hall meeting to present a draft of our proposed annual budget for the coming year. If you haven't gotten your pledge in, please do it immediately as our budget is based in largest measure on what the congregation pledges.

#### **Soulful Sundown**

Is an experimental venture into a contemporary worship/contemplative/meditative experience. It's intended to provide a mid-week time to simply stop, catch our collective breathes and reflect. For about 45 minutes we'll gather to journey together with poetry, readings, music, dance, chanting and/or meditation. Our next gathering will be Friday **May 13th,** 7:30. Feel free to bring friends, dinner guests, co-workers of just come by yourself.



## **Newer People's Lunch**

During our 3<sup>rd</sup> Sunday lunch on **May 15**, we ask those who are "newer" to our community and visitors to join together in the Baldwin Room to share lunch. Our hope is to provide an opportunity to get better acquainted, ask questions and meet some not so new members. We hope to see you there.

Membership Committee



## **Lifespan Faith Development Committee**

## **Re**flections



**Rosie Trammel** 

Rosie Trammell is a ninth grader. She really likes her intro to acting course. In fact, acting is a favorite activity of Rosie's, both in and outside of school. She's not currently in production, but the future holds promise (UUniplayers?) When at the UU, Rosie takes part in the youth group. She has been with RE since she was about four years old. This probably explains the ease and grace with which she moves about the UUFP - whether getting ready for an RE class, passing the microphone during Joys and Concerns or helping with hospitality.



**Lily and Grace Jensen** 

Lilly Jensen is in the second grade. She enjoys her science class. Drawing pictures is one of Lilly's favorite activities. She also likes to do homework. When she's at the UU, she loves the work period, because she can do crafts, which often include more drawing!

Gracie Jensen is in the first grade. She likes to ride her bike and play soccer. When all is said and done, she loves a good nap! In Spirit Play, Gracie enjoys 'talking into the 'microphone' during Joys and Concerns. This is a time when the children listen carefully to whoever has the 'mike'. Like so many of our young ones, Gracie is partial to hospitality hour, especially when there's cake to eat!

# SAVE THE DATE! SUNDAY SERVICE MAY 22<sup>nd</sup> 10:30 am

## The Lifespan Faith Development Committee and Rev. Walter present

#### The Transformative Power Of Compassion

Our third principle inspires us to practice justice, equity and compassion in human relations.

Indeed, compassion breathes life into all seven of our principles. We must develop compassion for others and ourselves in order to fulfill the promise of **each** principle.

This year, the adults, teens and children in our religious education program have learned about and practiced compassion. Join us on Sunday, **May 22**<sup>nd</sup>, as we celebrate the transformative power of compassion with the congregation.



The Board would like to thank the big group who came out for the Buildings & Grounds Workday this month. Lots of great work accomplished on a nice spring day.

Special thanks to Scott Stevens and others who moved the grates in the parking lot, and saved us \$1000 in repairs.

And to Bob Halliday, for the hard work of scrapping down our foundation - for its much needed repair.



Lots of important events happened in 1966. Tom Seaver signed with the Mets, David Bowie released his first record, Star Trek debuted, Indira Ghandi was elected India's 4th Prime Minister, and, on April 22, 1966, the Fellowship received the Certificate of Occupancy for the construction of the lobby, bathrooms, kitchen and Main Meeting Room. We had originally planned on having a 50th anniversary celebration on that day, but between many busy schedules and the beginning of Passover, it just didn't work out.

Instead, we have decided to have the party on **Saturday, June 11**. We're not 100% sure what form it will take, but it is also taking the place of the Uniplayers production this year, so it will likely involve performances. If you would like to help with the planning, please contact Judith Knauss or Joyce Marra.

But, more importantly, save the date and stay tuned for details!



social ustice

### **TAKE TEA and SEE**

Lady Barbara (Corona) Dutchess of Randolph invites you to attend afternoon tea at her UU Estate. She will graciously greet

you and your guests in the foyer of the grand mansion. Lady Barbara is renowned for elegant entertaining. Arrangements have been made for "Lost in the Woods" to provide sweet strains of music to complete an afternoon of refreshment and gentle ambiance.

\$12 pp/\$10 Seniors/Students. Welcoming guests between 12:00 pm - 3:00 pm on Saturday, May 7<sup>th</sup>



Wednesday, **May 4** at 7 p.m.: Monthly meeting of the Social Justice Committee. All are welcome.

<u>Sth Sunday Social Justice Collection</u> - May 2016 has a 5th Sunday. Most months of course there are 4 Sundays. We have a tradition that on a 5th Sunday a special collection is taken for an organization that serves a population in need. Since Memorial Day is this month it seems fit to make a donation to a Veteran's organization in Castle Point. The group is called "Food Fight For Vets" and is housed at the Castle Point Veterans Hospital and run by volunteers. When the collection basket comes around to you the second time on Sunday, May 29th please give generously to "Food Fight for Vets". Thank you.

## **Meet a New Member**

While a relatively "new" member, Jon Hodos is no longer new to UUFP. He's been around for well over a year and has quietly and efficiently found his way into our inner workings. He serves on the Stewardship and Finance committees and with buildings and grounds. A lifelong Poughkeepsie-ite, (in the same house no less) he works for State Planning Data Services. He evaluates the quality of state roads in Ulster, Columbia, Dutchess, Orange and Rockland Counties, among other duties.



## **Summer Sunday Services . . . Coming Soon!**

Summer Sunday services start on June 26. For those of you who don't know, there are UU congregations where ministers take summers off. Ours is one of these. This was once such a prevalent practice that there are jokes about this (for example: Why do UUs take the summers off? Because God trusts us, or because UU ministers have second jobs as ice cream truck drivers).

Since 1991 at the UUFP, when we called our first minister, Jerry Goddard, the summer off for the minister has meant that our Summer Sunday Services are lay-led, with members of the congregation provide us all with intellectual, spiritual and creative stimulation. Summer services are informal, informative and engaging, and can take many forms, from the musical to the comical to the theatrical to the lectural. Do you have a topic of interest or a grand passion you would like to share? Contact Sooozie Nowak (sooozienow@yahoo.com) or Judith Knauss (Judith.knauss@gmail.com) to sign up! Here are the dates:

June: 26<sup>th</sup>

July: 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>

August: 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>

September: 4<sup>th</sup>

So far there is only one tentative program, for August 28. It would be great to have the full Summer Schedule settled in time for the June newsletter!



#### May 2016

Welcome to the Social Justice Green Page's first edition. The Green Page's purpose is to provide you with information related to important environmental issues. This will be a forum for practical issues not theoretical ones.

This month we are going to start to look recycling basics. I am assuming that we all recycle here. If you do not, then start. All municipalities are required to have recycling programs. If you are not sure then contact your city, town or village offices. New Yorkers generate a lot of trash - over 4.5 pounds per person per day in the



state. What do you recycle? What are you supposed to recycle? How are you supposed to recycle?



Plastic Recycling plastics that can be recycled all have numbers. If it doesn't have a number it is most [23] likely not recyclable. Check with local trash removal providers for what numbers they do take.

- 1 -- PET (Polyethylene terephthalate) used in production of soda bottles, food jars...
- 2 -- HDPE (High-density polyethylene)HDPE is found in milk jugs, butter tubs, detergent bottles, motor oil bottles...
- 3 -- V (Polyvinyl chloride) is used in shampoo bottles, cooking oil bottles, fast food service items...
- 4 -- LDPE (Low-density polyethylene) LDPE is found in grocery bags, bread bags, shrink wrap, margarine tub tops
- 5 -- PP (Polypropylene) is used in most yogurt containers, straws, pancake syrup bottles, bottle caps....
- 6 -- PS (Polystyrene) found in disposable hot cups, packaging materials (peanuts), and meat trays...
- 7— is everything else. You don't know what your getting. Is found in sunglasses, iPod cases, computer cases, nylon, 3- and 5-gallon water bottles, and bullet-proof materials.

Plastic wrap & bags: wraps & bags are generally not taken by towns or trash companies. You can however bring them to your local grocery store and shove them in the big well marked can that most stores will have. You can include wraps, bags from food items, grocery bags... You have to remove the "string" from bags that have ties.

Paper/Cardboard: cardboard is a lot easier then the plastic, it can all be recycled. This includes paper back books, phone books, file folders, clean paper towels, plates, napkins, mail, shoe boxes, corrugated cardboard. With one exception: metallic papers. Make sure you remove plastics and other items that may be in the mail.

Aluminum: includes foils, pie plates, roaster pans, cans Glass: all glass, any colors

Electronic components/batteries: many of the larger stores offer recycling for this trash. Best Buy, Staples are two in our area that do. Check with each store for details.

Fabric: eventually clothes, sheets... get to the point they cannot be reused. PlanetAid (see the newest PlanetAid Post, <a href="http://www.planetaid.org/">http://www.planetaid.org/</a>) takes fabric pieces in any shape. They have a big yellow bin located at the Garden Mini Deli (Exxon Gas)163 Garden St. Poughkeepsie.

Composting: Yep, composting! Probably the oldest method of recycling there is. And great for your garden!

One of the most important things to remember is to make sure all recyclables are clean. Throwing out the left over container full of Generals Tso's chicken will only make a really gross mess that somebody along the line gets stuck cleaning up. Besides, it attracts roaches, rats and so on. Make sure you only recycle things that can be recycled. Many people throw in anything they "think" might be recyclable. But this can damage the machinery and forces people to have to hand pick through the trash.

Here at UUFP we recycle: recycling bins are located in the small closet next to the door by the kitchen. We are not composting since we don't produce enough food waste. Feel free to grab the tips of carrots, celery... that are going to be thrown out and bring them home to your own compost bins.



## **Buildings & Grounds Work Day**

Please join the Building & Grounds Committee on from 9am to noon on Saturday, May 14, for our monthly work day.

Believe it or not, it's fun to work together to maintain and improve our physical plant: good for the body and the soul!

We provide most tools, as well as work gloves, but if you have your favorites, feel free to bring them. Your choice of inside or out for work assignments. There really is a job for everyone!



## **Caring Circle Chat**

Joel and Maureen Fisch mourn the passing of their 28 year old nephew, Maureen's brother's child. Caring thoughts can be sent to Maureen and Joel at 26 Schyler Drive, Poughkeepsie, NY 12603.

At any time, any of us can feel the stress of financial struggles, medical problems, or personal issues and need a little something: a phone call, a card, a visit, a meal delivered, or a ride. The UU community has you in our thoughts and we ask that ...if you need caring, let the Caring Circle know and the caring UU community will be there to help! Caring Circle Co-coordinators: Maureen Fisch <a href="mailto:mafisch56@yahoo.com">mafisch56@yahoo.com</a> and Betsy Silverstein <a href="mailto:edgsilver@hotmail.com">edgsilver@hotmail.com</a>



## **Finding Our Way Home**

In late March, I attended the annual three-day conference for Finding Our Way Home, a gathering of UU professionals of color in Philly (Revs, Directors of Religious Ed or Music, and Administrators). As part of our social justice work each year, just over 80 of us participated

in a Black Lives Matter rally, a weekly event outside UU Church of the Restoration, an intentionally multi-racial congregation. We also visited First Unitarian Church, where we participated in a service honoring Francis Ellen Watkins Harper (1825-1911), black abolitionist, suffragette, poet and author, who was buried there.

Rev. Walter



#### **UU YOU DONE GOOD!**

Another Ripley's moment in UUFP history! Jolanda, Queen of the Butterflies, orchestrated a Mardi Gras of wondrous proportions! Soyal, the hand-picked Lady-in-Waiting to Madame Butterfly, did a masterful internship! We are fortunate that they

like their home in the UU butterfly garden. They are certainly helping us to thrive!

FUN was definitely an ingredient of this FUNdraiser!



### **Lunch with Walter**

Brownbag lunch with Walter returns on Wednesday, **May 18** at noon. Bring something to eat, tea will be provided. Bring questions, concerns, jokes and a willingness to be in conversation with other UUFPers.



## **Speaking of Books** — The Fellowship's Non-fiction book club

Monday May 2nd 7PM at the Fellowship we will discuss Tracy Kidder's book:

Mountains Beyond Mountains: The Quest of Dr. Paul Farmer, a Man Who Would Cure the World

Book lovers welcome. Come join us. There are plenty of copies available to borrow in the Library. RSVP: Meg Hesher (<a href="mailto:mhesher@yahoo.com">mhesher@yahoo.com</a>) or Jane Bartik (<a href="mailto:aubreysprite@yahoo.com">aubreysprite@yahoo.com</a>) or Call the office at <a href="mailto:845-471-6580">845-471-6580</a>)



#### **Transmigration of Soul**

We are waves on the ocean. We have forgotten our origins and do not know where we are headed.

We know our demise will come when we reach a shore, then, recede into the ocean. We were always water having taken form.

I have always been spirit having taken form, NOW, AS A HUMAN BEING FOR THE FIRST TIME.

~Wayne Norman Cochran~



**From Xiaodong Smith:** Interested in a Chinese Language Class? Contact Xiodongzsmith@gmail.com or 223-307-9674

Shawn Colacchio, Victoria Horner and Miranda Colacchio Performance: The orchestras of *Stringendo--The Orchestra School of the Hudson Valley,* featuring our own Shawn Colacchio, Victoria Horner, and Miranda Colacchio, will perform on Sunday, May 1, at Arthur S. May Elementary School, 601 Dutchess Turnpike, Poughkeepsie (formerly Arlington Middle School).

**Shawn** and **Tory** will be in the 1:30 concert with their *Chaconne* orchestra, with Tory the featured soloist in a Telemann violin concerto. **Miranda** will be playing with her *Prelude* orchestra in the 4:00 concert.

The concerts are free and, of course, open to the public. The Colacchios and the Horners hope to see you there.

## **Pat Lamanna Sightings:**

Sunday, **May 1,** 1-6 p.m., Tompkins Corners Cultural Center, 729 Peekskill Hollow Road, Putnam Valley: Pete Seeger Festival to benefit the Hudson River Sloop Clearwater. Performers include David and Jacob Bernz; Dan Einbender and Roy Diggit; Pat Lamanna; Andy Revkin; RJ Storm and the Old School Bluegrass Band; Sarah Underhill; and more. More info at <u>845-528-7280</u>.

Saturday, **May 21**, 7:30 p.m., Noble Coffee Roasters, 3020 State Route 207, Campbell Hall, NY: I'll be singing for "Music for Humanity," an organization that awards music scholarships to aspiring musicians, along with two fantastic singer-songwriters, Dave Kearny and Neil Okeson. Free; donations accepted. www.musicforhumanity.org.

#### From Joe Cosentino:

SATIN DOLL, the third Jana Lane mystery by Joe Cosentino, published by The Wild Rose Press - purchase links: <a href="http://www.wildrosepublishing.com/maincatalog\_v151/index.php?main\_page=product\_info&cPath=195&products\_id=6744">http://www.barnesandnoble.com/w/satin-doll-joe-cosentino/1123509196?ean=2940158028465</a> / <a href="https://www.omnilit.com/product-satindoll-1999821-367.html">https://www.omnilit.com/product-satindoll-1999821-367.html</a> Murder, corruption, and scandals rock Washington, D.C.... America's most famous ex-child star, Jana Lane, is playing a US Senator in a 1983 film. Just as she and her family arrive in DC, two Washington power players are murdered, and Jana is caught in the web of intrigue and political scandal. Jana falls under the spell of the breathtakingly handsome detective assigned to the case, ex-professional football player and food aficionado, Chris Bove. Will Jana and Bove uncover the murderer's identity and shocking secrets before Jana and her family become the Capitol's next victims? Web site: <a href="http://www.JoeCosentino.weebly.com/">http://www.JoeCosentino.weebly.com/</a> / Facebook: <a href="http://www.facebook.com/JoeCosentinoauthor/">https://www.facebook.com/JoeCosentinoauthor/</a> / Twitter: <a href="https://twitter.com/JoeCosentinoauthor/">https://twitter.com/JoeCosen/JoeCosentinoauthor/</a> / Twitter: <a href="https://twitter.com/JoeCosentinoauthor/">https://twitter.com/JoeCosen/JoeCosentinoauthor/</a> / Twitter: <a href="https://twitter.com/JoeCosen/JoeCosentinoauthor/">https://twitter.com/JoeCosen/Jo

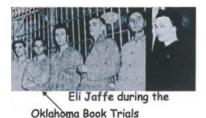
Amazon: Author.to/JoeCosentino /

Goodreads: https://www.goodreads.com/author/show/4071647.Joe Cosentino

### **Conversation with a Friend** (submitted by Linda A Curtis)



I just got off the phone with a long term and very dear friend of mine. We talked for well over an hour, filling each other in on what is going on. And a great deal about her life. Some of you who have been with UUFP for a while will remember her. Her name is Wilma Lewis Jaffee. Wilma and her husband Eli had been members of UUFP for many years. Wilma is turning 92 soon, she now lives with her daughter in Oakland, California. Although she misses New York



and Oklahoma she is enjoying time with her many grandchildren. Wilma has what she considers to be minor medical problems but is still going strong. She sends her love to everyone at UUFP and misses us. Wilma remains the strong, tough rebel she has always been. Wilma has been a activist, mother, wife, teacher, "Oklahoma Matron Saint", head of the Democratic committee, and so much more. She keeps up with politics. And Wilma keeps up the fight for justice.

OKLAHOMA ODYSSEY STREET She doesn't get out too often anymore, but Wilma has long known that the pen is mightier then the sword. (Don't forget Eli was a journalist!) She writes letters to editors and any one else she thinks should here from her. I suggested to her that she considers writing a biography, she just laughed. Still the same humble lady who doesn't really get how important her work has been to so many

people. Instead she started talking about Eli's last book "Oklahoma Odyssey". When we stop talking politics she gushes over her grandchildren and great grandchildren, all of whom are growing into wonderful strong folk. I am honored to be her friend and look forward to our talks. She is a role model for me and so many other women of my generation. She is what I want to be when I grow up. I was curious after our recent talk and did a little research on my own and I found some fabulous articles Wilma had written many years ago and a newer one from 2008. Elis was a superheo in his own right and was the subject of many of her writings. They truly were the original "Dynamic Duo".



# **EVENTS** You Might Be Interested In:

Free & Easy Yoga - Monday, May 2 at 6:00 in the Baldwin Assembly Room of the UUFP. You are invited to participate in a free, gentle yoga class. Instructor Susan Grover has taught this beginner-friendly, gentle yoga for more than eight years. She invites you to relax, ease your muscles and joints and take some deep breaths. Please bring a yoga mat if you have one (a bath towel if not) and wear clothing that permits you to move your body. You are welcome to come and do some of the postures and not others. If you expect to attend, please put your name on the poll linked here (you may need to cut and paste the link): http://doodle.com/poll/qbrzcy43ixbrcqva

Campaign for a Cleaner Hudson - River Advocates Needed to Attend May 3 Film Screening and Expert Panel Tuesday, May 3, join us at the Marist College Cornell Boathouse, on the campus' Hudson River waterfront, for a free screening of the new short film PCBs: GE's and the EPA's Toxic Legacy. This powerful documentary from acclaimed filmmaker Jon Bowermaster showcases how the U.S. Environmental Protection Agency (EPA) is poised to sign off on General Electric's cleanup of toxic PCBs in the Hudson River—despite the project's failure to meet its goals to protect human health and the environment. Featuring experts like Dr. David O. Carpenter, director of the University at Albany's Institute for Health and the Environment, the film details newly documented serious health risks people in riverfront communities face from chronic exposure to PCBs.

WHAT: PCBs: GE's and the EPA's Toxic Legacy—film screening and expert panel / WHEN: Tuesday, May 3, from 5:30 – 7 p.m. / WHERE: Marist College Cornell Boathouse in Longview Park, Poughkeepsie / ADMISSION: Free but RSVP to secure a seat at

https://docs.google.com/a/uupok.org/forms/d/1op87y7cU4eekdYCCcn7mTCi3kZX2P5877cK35rCjhso/viewform?c=0&w=1

➤ Please join us for the **Fourth Annual Art And Soul Reception** Wednesday **May 4**,@ 5:30pm to 8:00pm Benefitting sustainable healthcare in Chermaitre, **Haiti at Vassar College** Alumnae House 161 College Avenue, Poughkeepsie, NY.

➤ The Russo Family Lecture: *Endangered: Religious Minorities in the Middle East and Their Struggle for Survival.* Tuesday, May 10, 6PM - 12th-Floor Lounge | Fordham University - 113 W. 60th St. | New York City. Persecution, fear of genocide, and even cultural extinction threaten minority faith communities in the Middle East as never before. In a region once rich in religious and cultural diversity, Christians, Yazidis, and other marginalized communities now face surging intolerance. What are their prospects amid ongoing conflict and

the rise of ISIS? Can imperiled faith traditions preserve their heritage into the future? FREE ADMISSION - RSVP: crcprogram@fordham.edu Sponsored by: Fordham Center on Religion and Culture Fordham Orthodox Christian Studies Center. This lecture series is made possible by the Russo Family Foundation in memory of Wanda and Robert Russo Sr., MD, FCRH `39.

➤ Join coffee farmers in their fight against climate change! Host a Fairtrade Coffee Break on the weekend of World Fair Trade Day (May 13-15). Fairtraders all around the world will be raising a cup to coffee farmers - raise yours too! Visit fairtradeamerica.org for more information.

➤ Kairos: A Consort of Singers - Sunday, May 15, 2016, at 7:00 p.m. at Holy Cross Monastery, Route 9W in West Park. The featured work will be Cantata No. 9, "Es ist das Heil uns kommen her" ("It is our salvation come here to us"), with chamber orchestra. This is the second concert of the 2016 season in Kairos's critically acclaimed Bach Cantata Series, now in its 11<sup>th</sup> year! The cantata, motets, and sonata will be performed within the context of an evensong service in the Monastery chapel. The service is open to the public with a \$10 suggested donation, which helps fund the Bach Cantata Series and ensure future performances. It is suggested that you arrive at the venue at least 20 minutes before the performance to ensure adequate seating. For further information and directions, visit <a href="https://www.kairosconsort.org">www.kairosconsort.org</a> or call <a href="https://www.kairosconsort.org">845-256-9114</a>.

➤ DCIC Interfaith Readers: Our next book is: Saving Capitalism: For the Many, Not the Few by Robert B. Reich. We will meet again on Tuesday, May 17<sup>th</sup> at the Arts Mid-Hudson offices at 7 PM.

- ➤ Soul Mind Body Wellness New! Ongoing Wednesdays, 7-9 pm at UUFP starting May 18, \$10: A joyful and inspiring weekly class. Join us in creating a healthier and happier life with simple yet powerful wisdom and practices. Experience the power of Divine Healing Hands blessings; chant for self-healing and transformation of Mother Earth, humanity and all souls; learn sacred wisdom and highly-effective soul techniques to transform health, balance emotions, boost energy, improve relationships and finances, and more, Soul Mind Wellness Group Hudson Valley, for more information contact Rick Riecker 845.849.1715

  RR3396815@gmail.com. Facebook.com/LovePeaceHarmonyHudsonValley
- >UUMAC Summer Vacation Are you looking for a summer vacation option that will be fun, rejuvenating, multi-generational, and affordable? Come join us this summer at UUMAC-- The Unitarian Universalist Mid-Atlantic Community -- which will be held July 10-16 at DeSalles University near Allentown, PA. UUMAC is an intentionally multi-generational community, and programming is a balance of activity according to age grouping and across age barriers. Children, teens and adults each have programming geared to their interests. As well, ages mingle for off-campus trips, and evening activities. This year's UUMAC will focus on Radical Hospitality and Radical Justice, A Journey In UU Identity in Stories and Song. Rev. Libby Smith, an adjunct staffer at the Joseph Priestly District, will be our Minister of the Week and Rev. Dr. Tracy Sprowls of the Plainfield UU church will be the Theme Speaker. For more information, please check out our website: www.uumac.org or email our director, Ashley Egan at ashtree97@gmail.com
- Friends Music Camp, a Quaker-run music camp which takes place at Earlham College in Richmond, Indiana. We are actively seeking campers for this summer July 10 August 7, 2016. Considering the shared seeking nature of the unprogrammed Quaker tradition and the Unitarian Universalist tradition, as well as a shared interest in social justice, reaching out to UU congregations seems like a natural fit! FMC is open to campers from 10 to 18 years old at all musical levels. During the summer, campers attend lessons, sing in the chorus, play in large and small ensembles, act in musical theater, take classes, and, of course, have ample time for hanging out and having fun. We ask that prospective campers have had lessons for at least one year on their

chosen instrument, or that they have participated in a school orchestra, band or choral program for at least one year. Evening activities include capture the flag, a dance, outside speakers, visits to the local pool, and other fun activities. Both students and staff perform at weekly recitals and on weekend concerts. Visit: <a href="https://www.friendsmusiccamp.org">www.friendsmusiccamp.org</a> for more information.



## Karl Volk is the Artist for the Month of May and June



Lily of the Valley is the birth flower for May.

Reminder: The deadline for June's Newsletter is Monday, May 23<sup>rd</sup>.

June will be our last publication until September.

Please send in your summer input!

